

DCA Tiny/Mini Cheer Teams

Ages 3-8

Winter Session- Hot Shots & Momentum
January - April 2023 (as of November 8th)

TEAMS

Welcome to DCA's cheer program! DCA Hot Shots/ Momentum is a recital-like beginner cheer program made up of girls 3-6(Tiny) 6-8(Mini) years old who are interested in learning more about cheer in a non-competitive but fun and encouraging atmosphere. No prior cheer experience is necessary. We will focus on the basics of cheerleading including motions, stunting, jumps and tumbling with the goal of putting a routine together that the girls will perform at an in-house showcase and one All Star competition in the novice division

Novice Division

The Novice division allows the athletes to get the feeling of competition without going up against other teams. They will perform at one All Star competition and compete for a score resulting in a Superior, Excellent, or Outstanding. Plus get judges feedback on how to improve their cheerleading skills as a team. Hot Shots will perform in the tiny novice division and Momentum will perform in the mini novice division. We LOVE our Novice teams!

The program

The program consists of taking a tumbling class 1x a week (choose your day) where the athletes will be working on skills they will be able to use in the final routine and then one team day on Saturday where the coaches will teach:

- proper technique to set up a cheer jump
- individual stunting technique including lifting technique for bases and body positions for flyers
- age-appropriate dance including cheer motions
- how to work as a team to accomplish a common goal
- instilling a love and appreciation for cheer and tumbling

PRACTICE SCHEDULE: January 14 - April 29

Team Practice: Saturday 2-3 (Hot Shots), Saturday 2-3:15 (Momentum), plus your weekly tumbling class- you choose time/day. Every team practice (Saturday) is mandatory. Please arrive a few minutes early so you can help your child put her cheer shoes on (remember, arrive in different shoes and then change to keep our floors clean and your shoes too!) We may need to add some practices as we get closer to performance dates to ensure the team knows their routine. No Practice Saturday, April 1st for spring break.

DCA 2022-2023

COMPETITIONS

Competitions	DATES	LOCATION	TEAMS
DCA In-House Showcase	April 17	DCA	Hot Shots & Momentum
Xtreme Spirit	April 29-30	Elgin, IL	Hot Shots & Momentum

We will be using the same uniform as fall session/last year. Novice teams will have a tank and shorts uniform with yes, BLING! Athletes who have the uniform from fall session or last year will be credited \$50.

PROGRAM PRICES

To make it easier for everyone we are dividing the total fee for the 4-month program into 4 payments. These fees include: Tuition for January - April (1 tumbling class + Saturday practices/week), uniform, bows, music & choreography, admin fee. Tumbling in May will continue at the monthly rate, unless you email a drop request by April 15th.

January 10th - Hot Shots: \$234 Momentum: \$249

February 10th - Hot Shots: \$234 Momentum: \$249

March 10th - Hot Shots: \$234 Momentum: \$249

April 10th - Hot Shots: \$234 Momentum: \$249

HOW TO REGISTER

Online through the parent portal. <https://app.iclasspro.com/portal/dupagetumbling.com> or find the portal at dupagetumbling.com

Look for booking - Cheer information & try out - DCA Winter Tiny/ Mini Cheer team and add your athlete to the list. Once you register we will send you a confirmation email.

Questions? Please call DCA at 630-588-9000 or email Cheer Director Ailish at dcateams@dupagetumbling.com