

**Twiststars Tumbling & Trampoline is changing its name to ELEMENT TUMBLING & TRAMPOLINE. Please bear with us as we transition to our new name with signage, billing, marketing, etc. We appreciate your patience.**

Classes are 1x a week and we are on a continuous enrollment, monthly billing system with no contract | Prorate into a class at anytime | 2022-2023 Membership fees due September 1st or entry into school year classes: \$35/person or \$55/family | 10% off 2nd class/same student | 10% sibling discount | For faster results take 2 classes/week! | Don't see a class that works for you? Give us a call! We might be able to create a new class!

### Preschool & Kindergarten Classes:

#### Parent-Tot – (18 mo – 2.75 years) 45 min. \$50/mo

Boys & girls. Parent joins class until little one can handle on their own. Working motor skills, two foot jumps, balance, coordination.

Mon	Tue	Wed	Thur	Fri	Sat
10:00	10:00	---	---	---	---

#### Mighty Tumblers (3's-4's) 1 hr. \$65\*/\$75/mo

Boys & girls together learning trampoline and floor skills.

Mon	Tue	Wed	Thur	Fri	Sat
10:00*	10:00*	---	4:15	10:00*	8:30
4:15	5:20	5:20	---	---	---

\*weekday daytime classes are discounted- only \$65/mo

#### Kinder Tumblers (5's & 6's) 1 hr. \$65\*/\$75/mo

Boys & girls together learning trampoline and floor skills. Must be in kindergarten.

Mon	Tue	Wed	Thur	Fri	Sat
1:00*	1:00*	---	---	10:00*	9:35
5:20	6:25	4:15	5:20	5:20	---

\*weekday daytime classes are discounted- only \$65/mo!

### Trampoline Classes: 1st - HS Girls & Boys

#### Tramp 1- (1st - 4th gr/beginner) 1 hr class \$75/mo

Trampoline and double mini trampoline for boys and girls learning safety & skills for the beginner athlete.

Mon	Tues	Wed	Thur	Fri	Sat
4:15	6:25	4:15	4:15	4:15	---
				6:25	

#### Tramp 2- (5th- HS/Nov-Adv) 1 hr class \$75/mo

Trampoline and double mini trampoline for boys and girls looking to take their trampoline skills to the next level.

Interested in starting a class? Give us a call!!!

### Homeschool Class: Call to Start a Class!

Boys and girls will be learning floor & trampoline skills together. Ages 3-18. 1 hr class \$65/mo first child; \$10/off each additional child in family. Can do homeschool classes weekdays before 3pm. Call to start a class!!!

### Private & Semi-Private Classes - Call to Schedule

### Tumbling Classes: 1st - HS Girls & Boys

#### Intro to Tumbling – (1st – 6<sup>th</sup> gr) 1 hr \$75/mo

Introduction to floor skills: handstands, cartwheels, round-offs, the start of the standing BHS. Must be min. 1st grade to register.

Mon	Tue	Wed	Thur	Fri	Sat
6:25	4:15	6:25	6:25	6:25	---

#### Intermediate Tumbling (1<sup>st</sup> – 6<sup>th</sup> gr) 1 hr \$75/mo

Connecting the RO to BHS, start multiple BHS and standing BHS. Must pass Intro class or eval into this class. Girls and boys.

Mon	Tue	Wed	Thur	Fri	Sat
4:15	4:15	2:30	5:20	5:20	---
---	5:20	4:15	---	---	---
		5:20			

#### Advanced Tumbling (all ages) 1 hr \$75/mo Must have min

RO 3 BHS or RO, BHS, TUCK to enter class. Connecting BHS to layouts, start to twist, standing tucks.

Mon	Tues	Wed	Thur	Fri	Sat
5:20	7:30	4:15	6:25	---	---

#### Jr. High/High School Cheer Tumbling Class (6th -

HS) -1 hr \$75/mo Each class is grouped by ability when possible.

Students work all tumbling skills used for cheer.

Mon	Tues	Wed	Thur	Fri	Sat
8:30	7:30	8:15	7:30	---	---

### Competitive Tumbling & Trampoline Team

We offer a competitive team for all levels for tumbling and trampoline. Everyone is invited to be a part of team. If you are interested in trying out for team or want more information, please call or email us.

### Open Work Outs: Fridays 7:30 - 9pm

Open work outs are our version of a safe "open gym" where students can come in and work the skills they already have in a safe and fun environment. \$10/members and \$20/non-members. Waiver must be on file. STARTING MID-SEPTEMBER. LOOK ON WEBSITE FOR START DATE.

# Element Gym Policies:

## Registration Information & Policies:

- classes are 1x a week and we are on a continuous enrollment, monthly billing system with no contract.
- check out our class schedule online. If you know which class you would like, register online through the parent portal.
- If you are unsure which class you would like or what level your child is, please call or email and we will help you find the class that best fits your child's needs (age group, skill level, goals, etc.)
- First time you register, you will pay the prorated cost of that month and after that, your card will be billed monthly with payment due on the 25th of the prior month (i.e. October's tuition is due September 25th)
- Once you are registered, you will continue in the class. It's that easy. No re-registering, no wondering if your child has a spot in class.
- Your child will constantly be evaluated to ensure they are in the proper class and if your child is ready to move up, we will let you know.
- Every family is required to have a debit/credit card on file but you have the option to pay with cash or check prior to the 25th of the month.
- There is no contract. Wish to drop the class? Just send us an email by the 15th of the prior month letting us know you wish to drop class. Failure to give us written notice by the 15th, you will be charged and therefore, enrolled in upcoming month.
- There are no refunds
- Tuition is budgeted on an average of 4 classes/month allowing for holidays and time off for families as well as our coaching staff. You do not get charged more for months that have 5 classes nor do you get charged less if the month has only 3 classes. Over the entire year, it works out to 4 classes/month regardless of how many classes are in that month.
- We charge the same amount each month for ease of billing and budgeting for our families.
- Annual membership fee is due every September/(re)entry into program \$35/student or \$55/family. Membership fee pays into the insurance as well as gets you member rates on camps, clinics and open gyms.

## Class Policies:

- 1 make up per month allowed and must be scheduled with front desk. Please no walk ins. This is for all school-aged children - high school.
- We will be as flexible as we can and try to keep up with your schedules by allowing you to switch class days from month to month as long as there is space in the class. If you find you need to find another day that better fits your schedule, give us a call and we will do what we can for you.
- Clean shoes, trampoline shoes, socks, or grippy socks are required for tumbling and trampoline classes (please walk in with different shoes and change once in lobby.) Socks or trampoline shoes must be worn on all trampoline surfaces- no bare feet.
- Please bring your own water bottle. We do not have a water fountain.
- Dress Code for Classes: leotards, tight fitting tshirts/tank tops, shorts with no buttons, snaps or zippers. Midriff must be covered. Boys must wear shirts. No jewelry or watches. Hair up out of face.
- Feel free to talk with coaches regarding progress of your child's tumbling skills. We are happy to set up meetings in person or over the phone with your child's coach.
- No refunds. Credit may be given for prolonged injuries with a signed doctor's note.
- \$20 charge for all NSF checks or declined credit/debit cards

- sibling discounts available; 10% off lowest priced class
- Tumble 2x a week for faster results- 10% discount for 2nd class/same student
- for list of days gym will be closed for holidays, please see website

## What Else Do We Offer?

- private lessons for speciality skills: aerials, front and back walkovers, back handspring step outs, etc. OR WE CAN START A CLASS!
- Competitive Power Tumbling & Trampoline Team
- The best birthday parties ever!
- Summer camps, clinics and camps during holiday breaks from school

**Don't see a class you want? Call us and we may be able to create a new class.**

**Thank you for choosing Element Tumbling & Trampoline (Twiststars). We know you have choices and we appreciate you being here. God Bless!**