

DCA 2024-2025

Short Season Cheer Team Information

Dec - Early May | Ages 7-15 (as of September 25)

TEAMS

Welcome to DCA's cheer program! We offer cheer teams for all levels at either the Novice, Prep or Elite level under USASF. The **NOVICE** program is designed to build and improve each athlete's skills to eventually perform at a prep or elite level of all star cheer. Novice teams practice 1.5-4 hours/week and attend 1-2 competitions. Our **PREP** program is for athletes who love cheer but are still building their skills and experience. Prep teams will practice 5-7 hours/week and attend 3-4 competitions and usually 1 travel competition. The **ELITE** program is geared toward athletes who are committed to performing at the highest level and have past all star cheer experience. Elite teams will practice 5-7 hours/week and attend 2-3 local competitions and usually 1 travel competition. Athletes and parents love our cheer program because of our professional staff, our safe equipment and our "well rounded child approach" to sports at our gym.

PRE-SEASON

Tumble, tumble, TUMBLE! Register and tumble with us now so you are ready for try outs in November. **Ask coach Ailish or coach Alex what they recommend you work on.**

TRY OUTS & TEAM PLACEMENT

Try outs and team placement will be on Saturday, November 23rd, 3:45 - 5 pm (7-10 year olds) and 5:15 - 6:30pm (11-15 year olds). Register for tryouts through our parent portal which can be found online at dupagetumbling.com/dupage-class-schedule/. Look for "DCA All-Star Cheer Try Outs" and sign up for your time slot according to your child's age. There is a \$25 non-refundable try out fee for each athlete. If you cannot make this tryout date, call or email to set up an individual evaluation before the tryout date. Please still register online and pay fee so we have your contact information. Once tryouts happen, we will place athletes on teams and an email will go out by that following Monday or Tuesday announcing team placements along with the individual team practice and competition schedule for your team.

PRACTICE SCHEDULE: December - Early May

Teams will start official practice the week of December 2nd. Practice schedule you can plan for: **MINI NOVICE TEAMS** (ages 7-9) — will meet 1x on Saturdays for 1.5 hours/practice + 1 tumbling class of your choice. **YOUTH NOVICE TEAMS** (ages 8- 12) — will meet 2x/week for 2 hours/practice + 1 tumbling class of your choice. Plan on a Saturday or Sunday for one practice and weeknight for the other. **PREP/ELITE TEAMS** (youth ages 8-12 and junior ages 9-15) - will meet 3x/week for 2 hours/practice and tumbling will be included in one of your practices. Plan on a Saturday or Sunday for one practice and 2 weeknights. All team practices are mandatory. Besides winter break (December 23 - Jan 1), the week of spring break (March 31- April 6) where we will be closed, teams will have practices every week regardless of any school closings (i.e. MLK Day, President's Day, etc.) so we ask that you don't schedule vacations during these weekends as the teams will practice and we need every athlete at every practice during this very short season.

DuPage Cheer & Power Tumbling | 1863 N. Neltnor Blvd, West Chicago IL | 630-588-9000 | dcateams@dupagetumbling.com

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COMPETITIONS & Choreography

All of our teams will compete at 1-4 competitions during their season. The schedule below outlines all the competitions we will attend as a gym. Your child's actual competition schedule will be released with the team packet upon commitment. Competition schedule subject to change.

Competitions	DATES	LOCATION	TEAMS
Deep South Spirit - Glow Tour	March 15-16	Schaumburg, IL	Youth/Junior Prep, Elite
ASG- King of the Jungle	March 22-23	Schaumburg, IL	Youth Novice, Youth/Junior Prep, Elite
STL - Send - Off	April 13	Collinsville, IL	Junior Prep, Elite
Star Spirit	May 3	Gurnee, IL	Mini/Youth Novice
Deep South Spirit - Season Finale	May 3-4	Nashville, TN	Youth/Junior Prep, Elite

UNIFORMS

We will be using a new uniform this year for Prep and Elite teams which is a long sleeve, midriff covering body suit with skirts and plenty of BLING! Youth Novice teams will be using the same uniform top from last year. If you have yours from last year, you will receive a credit. Mini Novice teams will have a tank and shorts uniform with yes, BLING! We size for uniforms right away so uniforms are in before first competition.

PROGRAM PRICES

The cost for the DCA cheer program ranges in price per team: \$1015 (Mini Novice) \$1935 (Youth Novice teams), \$2735 (Youth Prep), \$2814 (JR Prep) \$2871 (Elite). Our prices are all inclusive of everything from tuition for team practices to shoes, uniforms, competition fees. You won't be surprised with another bill down the line as we are very upfront with you on all costs associated with the cheer program. This is a big decision and we want you to know the total price before you commit. These prices include: competitive uniform, bows, shoes, practice wear, competition fees and coach travel fees, choreography and music, monthly tuition (which covers team practices and tumbling classes), USASF membership fee and admin fee. Total fee is broken down into payments throughout the season with the first payment being due upon commitment in mid-December. We will offer optional fundraising opportunities where profits will go towards individual team fees. Families are always responsible for their own travel to competitions, entrance fees, hotel rooms, etc. There will be optional team items like spritwear for additional cost but again- all optional. Athletes can also add additional tumbling classes during cheer season for a special discounted team rate. Siblings in the cheer program will receive a 10% discount on tuition only and those athletes who are on our tumbling and trampoline team and want to do cheer will also receive a tuition discount. Prices may adjust slightly depending on number of athletes in the program but we are confident in the range we are providing.

Questions? Please call DCA at 630-588-9000 or email Cheer Director Ailish at dcateams@dupagetumbling.com

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