



# DuPage Cheer & Power Tumbling Class Schedule-School Year 2024-2025

**SPECIAL!**  
\$60/mo for all  
Saturday preschool  
classes in  
September!

\*Register by 9/6 & lock in  
rate for school year.

**Continuous Enrollment/Monthly Billing/Prorate in Anytime**

<b>PRESCHOOL</b>	<b>Monthly Tuition</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b> <small>*\$60/Saturdays</small>
<b>Parent Tot - 18mo-3 yr- 45 min</b>	\$60				10am		8:30am
<b>Mighty Tumblers - 3-4 yr olds - 1 hr</b>	\$96	4:15pm	5:20pm	4:15pm	4:15pm	5:20pm	8:30am 9:35am
<b>Kinder Tumblers - 5-6 yr olds— 1 hr</b>	\$96	5:20pm	4:15pm	5:20pm	5:20pm	4:15pm	9:35am 11:45am
<b>Super Tumblers-</b> for the young athlete who can handle a more advanced class in a team setting as part of our pre-team. 5-8yr olds (by invite or eval). Fall Session: Sept 3- Dec 21	\$185						2-3:30pm + pick your weekday class

*Don't see a daytime you can do? We can start a 10am or 1pm MT or KT class almost any weekday.*

<b>{Cheer} Tumbling Classes</b>	<b>Monthly Tuition</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
<b>Intro to Tumbling - 1st - 6th gr - 1 hr</b> Handstands, cartwheels, round off, RO rebound, forward/backward rolls, waterfalls, building strength & flexibility, quick twitch muscle memory. (6th - HS Intro for older athletes at 7:30pm)	\$96	4:15pm, 5:20pm 6:25pm	4:15pm, 5:20pm, 6:25pm 7:30pm	4:15pm 5:20pm 6:25pm 7:30pm	4:15pm 5:20pm 6:25pm 7:30pm	4:15pm 5:20pm	10:40am 11:45am
<b>Intermediate - 1st - 6th gr - 1 hr</b> RO jump backs, connecting RO to BHS, multiple BHS, back tucks (must pass Intro or eval into class)	\$96	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm	10:40am 1pm
<b>Advanced Tumbling - 1st - 6th gr - 1 hr</b> Must have min RO 3 BHS. Connect BHS to tucks, layouts, standing tucks, start to twist	\$96	4:15pm 5:20pm 6:25pm	5:20pm 7:30pm	7:30pm	6:25pm 7:30pm	6:25pm	12pm
<b>Jr. High/High School- 7th gr - HS - 1 hr-</b> Int. to advanced levels all together, divide by skill. Must have RO rebound and jumping over spotter mats to register for class. If not, try HS Intro class to build strength/skills.	\$96	3:00pm 5:20pm, 6:25pm, 7:30pm, 8:30pm	6:25pm 7:30pm	5:20pm, 6:25pm, 7:30pm	6:25pm, 7:30pm		12pm (Adv only)
<b>Full/Double Full Adv. Tumbling- 5th grade - HS - 1 hour</b> Learn to twist for the back full using trampoline surfaces and floor. Must have solid un-assisted layout. * recommend this as 2nd class/week.	\$96			6:25pm 7:30pm			

<b>Walkover 1-Day Clinics</b>	<b>Monthly Tuition</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
<b>Front/Back Walkover Clinics</b> Add skills to your tumbling repertoire with our walkover clinics offered every Saturday. Work on seated bridges, bridge kick-overs, front and back walkovers and learn to incorporate these skills into your back handspring tumbling passes for cheer or dance! Register for 1, 2 or every week. Register under "camps" online.	\$25/ clinic						1pm

<b>Trampoline Classes</b>	<b>Monthly Tuition</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
<b>TNT - 1st gr- 6th gr - 1 hr</b> Tumbling & trampoline learning safety & skills for beginner-intermediate athlete. <b>Adv. Trampoline- 6th gr - HS-</b> for the older, more advanced athlete connecting skills on trampolines and flipping. Invite or evaluate into class.	\$96	6:25pm	4:15pm		6:25pm 7:30pm (adv)	6:25pm* <i>Trampolines only 50% off as 2nd class.</i>	
<b>Homeschool Class-</b> Ages 4-18 taught in same class working floor & trampoline skills. 1 hr/will divide by age when possible	\$74-1st child; \$10/off each add'l					2pm	
<b>Pre-Team-3rd-8th gr-</b> tumbling & trampoline pre-team for the adv class athlete looking to learn more skills, progress them into routines and experience a team environment. 2x/week + clinic + showcase. Fall Session: Sept 3- Dec 21   Winter session: Jan 6-Apr 29	\$207/mo		6:30 - 8pm			4:15-5:45pm	

<b>Private Lessons</b>	<b>Fee</b>
<b>Private Lesson- 1 Student</b> 45 minute private lesson 1:1 with a coach. Book with and pay the coach directly.	\$55-\$65
<b>Semi-Private Lesson - 2 Students</b> —1 hour private lesson 1 coach with 2 students. Book with and pay coach directly. * Usually can schedule private lessons Sat. & Sun. afternoons/after classes or before 4pm weekdays. * TUMBLING PRIVATES RECOMMEND AS SUPPLEMENT TO REGULAR WEEKLY CLASSES. More time in gym = more skills. * Must be a member of gym and taking classes to do private lessons or make special arrangements with management. Additional fee for non-class athlete will apply (\$20/non-class athlete/private lesson for tumbling privates) * Call gym to be connected with the coach of your choice or for a recommendation of a coach.	\$100 (\$50/each)
<b>Stunting Private- 4 Students</b> - 1 hour with coach to work skills with set stunt group (you provide stunt group; at least 1 athlete must be a member/taking tumbling classes)	\$100 (\$25/each)
<b>Private Class- 3-4 students-</b> we can create a private weekly class just for your friends that no one else can register for.	\$192/mo pp

- **Membership Fee:** all students pay a membership fee in September or entry into school year. \$35/person or \$55/family
- **Discounts:** 15% sibling discount; 15% discount 2nd class, 3rd class.
- **Classes:** all classes are 1 hour unless otherwise noted and are for girls & boys.
- **Program:** We are a year round program with continuous enrollment monthly billing on the 25th of the month prior. Monthly tuition is budgeted on a 48 week year allowing time for holidays and time off for coaches & students. You do not get charged more for longer months nor do you get charged less for shorter months. In a year, you will average 4 classes/month.
- **What is Continuous Enrollment?:** Continuous enrollment means we do not run sessions but keep the same schedule year round. Once you register for a class, you stay in that class until you move up to the next level, request to move to a different class day or you request to drop the class. You are billed monthly and never have to re-register or worry about losing your spot in class.
- **Make ups:** during the school year we offer 1 make up/mo. During the summer months (June, July & August) we offer UNLIMITED MAKE UPS. Make ups must be scheduled with the front desk. Missed make ups will not be rescheduled. Make ups can be done into next month as long as student is currently enrolled in classes. No refunds or credits for missed classes. For prolonged absences due to injury, contact office as we do offer injury credit with signed doctor note.
- **Cancellation:** You are not in a contract with DCA but we can't read minds either. If you choose to cancel your class, please submit a drop request by the 15th of the month prior via email to [coach@dupagetumbling.com](mailto:coach@dupagetumbling.com) and we will drop you from class for the next month. If you miss the drop date, you will be responsible for that next month's tuition regardless on whether your child comes to class or not.
- **Gym Breaks & Gym closures (no make ups required):** Labor Day | Nov 27-30—Thanksgiving | Dec 23 - 28 - Winter Break | New Year's Eve | Mar 31- Apr 5 Spring Break | Memorial Day | July 3-5 Independence Day Break
- **Gym Closures** (if your class falls on one of these days, please schedule a make up): Halloween | New Year's Day | Good Friday (April 18)
- **Need to Switch Classes?:** We understand that your schedule may change and need a different permanent class day/time. Please call or email the gym and we will be happy to help find another class for you.
- **Dress Code:** tshirt, shorts/leggings. Leotards are optional. Clean socks. Indoor cheer shoes are allowed as long as you walk in with different shoes and change. Hair up out of face, no jewelry. Midriff must be covered (no half-shirts). Bring water bottle.
- **Recording Your Child:** We do allow parents to record their child's skills however please ask your coach first and then you can record. Please do not record your student from the lobby window as the child and coach may not be ready and you may accidentally record other students from the class and that is not allowed for safety of all children.

Don't see a class that works for you? Give us a call and we may be able to create a class!