



DuPage Cheer & Power Tumbling Class Schedule-Summer 2024

Continuous Enrollment/Monthly Billing/Prorate in Anytime

PRESCHOOL	Monthly Tuition	Mon	Tue	Wed	Thur	Fri	Sat
Parent Tot - 18mo-3 yr- 45 min	\$60				10am		8:30am
Mighty Tumblers - 3's & 4's - 1 hr	\$96	4:15pm	5:20pm	5:20pm	4:15pm		9:35am
Kinder Tumblers - 5's & 6's - 1 hr	\$96	5:20pm	4:15pm	4:15pm	5:20pm	4:15pm Kinder Intro	
Tiny Tumbling Team-1.25 hr+ for the young athlete who can handle a more advanced class with goal to put together routines to compete at an in-house meet in May and prepare for team in the future. 4-6 yr olds (by invite). Program: January 13th- May 30	Start in Fall						Afternoon time TBA

Don't see a daytime you can do? We can start a 10am or 1pm MT or KT class almost any weekday.

{Cheer} Tumbling Classes	Monthly Tuition	Mon	Tue	Wed	Thur	Fri	Sat
Intro to Tumbling - 1st - 5th gr - 1 hr Handstands, cartwheels, round off, RO rebound, forward/backward rolls, waterfalls, building strength & flexibility, quick twitch muscle memory.	\$96	4:15pm, 6:25pm	4:15pm, 5:20pm, 6:25pm 7:30pm	4:15pm 5:20pm 6:25pm	4:15pm 5:20pm 6:25pm	4:15 (KT) 5:20pm	9:35am
Intermediate - 1st - 6th gr - 1 hr RO jump backs, connecting RO to BHS, multiple BHS, back tucks (<i>must pass Intro or eval into class</i>)	\$96	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm, 7:30pm	4:15pm, 5:20pm, 6:25pm	10:40am
Advanced Tumbling - 1st - 6th gr - 1 hr Must have min RO 3 BHS. Connect BHS to tucks, layouts, standing tucks, start to twist	\$96	4:15pm 5:20pm 6:25pm	5:20pm 7:30pm	7:30pm	6:25pm 7:30pm	6:25pm	
Jr. High/High School- 7th gr - HS - 1 hr- All levels together- will divide by ability/skill level in class.	\$96	5:20pm, 6:25pm, 7:30pm, 8:30pm	6:25pm 7:30pm	5:20pm, 6:25pm, 7:30pm	6:25pm, 7:30pm		
Full/Double Full Adv. Tumbling- 5th grade - HS - 1 hour Learn to twist for the back full using trampoline surfaces and floor. Must have solid un-assisted layout. * recommend this as 2nd class/week.	\$96			6:25pm			
DCA Summer FlexPass- For flexible daytime tumbling June 3- Aug 1. 8 weeks tumble 1, 2, 3, or 4x a week at 2:30pm, M- Th for the same price. Limited passes sold.	\$400/8 weeks	2:30 - 3:30pm	2:30 - 3:30pm	2:30 - 3:30pm	2:30 - 3:30pm		
All Out Cheer- Flyer Stretch Class Essential cheer skills, jumps, conditioning, flyer stretch, build strength, endurance. Grades 4th - 8th grade. 50% off of regular class price when this class is taken as a 2nd class (same student) with the first being a tumbling class.	\$48 as 2nd class				6:25pm		

Front/Back Walkovers	Monthly Tuition	Mon	Tue	Wed	Thur	Fri	Sat
Front/Back Walkover Clinics Add skills to your tumbling repertoire with our walkover clinics offered every Friday in June at 12pm- 1pm (July and Aug dates TBA). June 7, 14, 21, 28. Work on seated bridges, bridge kick-overs, front and back walkovers and learn to incorporate these skills into your back handspring tumbling passes for cheer. Register for 1, 2, 3 or all 4.	\$25/clinic					12pm	

Trampoline Classes	Monthly Tuition	Mon	Tue	Wed	Thur	Fri	Sat
TNT 1 - 1st gr- 6th gr - 1 hr Tumbling & trampoline learning safety & skills for beginner athlete. Adv. Trampoline- 5th gr - HS- for the older, more advanced athlete connecting skills on trampolines and flipping. Invite or evaluate into class. Adv tramp in ()	\$96	4:15pm 6:25pm	6:25pm		6:25pm (7:30pm-Adv)		
Homeschool Class- Ages 4-18 taught in same class working floor & trampoline skills. 1 hr/will divide by age when possible	\$74-1st child; \$10/off each add'l						

Check out daytime camps for little tumblers, skill-based day camps and cheer camps too.

Don't see a class that works for you? Give us a call and we may be able to create a class!

- **Membership Fee:** all students pay a membership fee in September or entry into school year. \$35/person or \$55/family
- **Discounts:** 15% sibling discount; 15% discount 2nd class, 3rd class.
- **Classes:** all classes are 1 hour unless otherwise noted and are for girls & boys.
- **Program:** We are a year round program with continuous enrollment monthly billing on the 25th of the month prior. Monthly tuition is budgeted on a 48 week year allowing time for holidays and time off for coaches & students. You do not get charged more for longer months nor do you get charged less for shorter months. In a year, you will average 4 classes/month.
- **What is Continuous Enrollment?:** Continuous enrollment means we do not run sessions but keep the same schedule year round. Once you register for a class, you stay in that class until you move up to the next level, request to move to a different class day or you request to drop the class. You are billed monthly and never have to re-register or worry about losing your spot in class.
- **Make ups:** during the school year we offer 1 make up/mo. During the summer months (June, July & August) we offer UNLIMITED MAKE UPS. Make ups must be scheduled with the front desk. Missed make ups will not be rescheduled. Make ups can be done into next month as long as student is currently enrolled in classes. No refunds or credits for missed classes. For prolonged absences due to injury, contact office as we do offer injury credit with signed doctor note.
- **Cancellation:** You are not in a contract with DCA but we can't read minds either. If you choose to cancel your class, please submit a drop request by the 15th of the month prior via email to coach@dupagetumbling.com and we will drop you from class for the next month. If you miss the drop date, you will be responsible for that next month's tuition regardless on whether your child comes to class or not.
- **Gym Breaks:** July 1-6 summer | Nov 27-30—Thanksgiving | Dec 23 - Jan 1 - Winter | Mar 31- Apr 5 Spring
- **Gym Closures (please schedule a make up):** Labor Day | Halloween | April 14- Easter Monday | Closed Memorial Day/no make up
- **Need to Switch Classes?:** We understand that your schedule may change and need a different permanent class day/time. Please call or email the gym and we will be happy to help find another class for you.
- **Dress Code:** tshirt, shorts/leggings. Leotards are optional. Clean socks. Indoor cheer shoes are allowed as long as you walk in with different shoes and change. Hair up out of face, no jewelry. Midriff must be covered (no half-shirts). Bring water bottle.