DCA Tiny/Mini Novice Cheer Teams Jan - May/Winter Session | Ages 4-9 | No Try-outs

<u>TEAMS</u>

Welcome to DCA's cheer program! DCA Hot Shots/ Momentum is a recital-like beginner cheer program made up of girls 4-7 (Tiny) 7-9 (Mini) years old who are interested in learning more about cheer in a non-competitive but fun and encouraging atmosphere. No prior cheer experience is necessary. We will focus on the basics of cheerleading including motions, stunting, jumps and tumbling with the goal of putting a routine together that the girls will perform at an in-house showcase and one All Star competition in the novice division.

NOVICE DIVISION

The Novice division allows athletes to get the feeling of competition without going up against other teams. They will preform at one All Star competition and compete for a score resulting in a Superior, Excellent, or Outstanding. Plus get judge's feedback on how to improve their cheerleading skills as a team. Hot Shots will perform in the Tiny Novice division and Momentum will perform in the Mini Novice division. We LOVE our Novice teams!

THE PROGRAM

The program consists of taking a tumbling class 1x a week (choose your day) where the athletes will be working on skills they will be able to use in the final routine and then one team day on Saturday where the coaches will put together a routine week by week and teach:

- proper technique to set up a cheer jump
- individual stunting technique including lifting technique and body positions
- age-appropriate dance including cheer motions
- how to work as a team to accomplish a common goal
- instilling a love and appreciation for cheer and tumbling

PRACTICE SCHEDULE: January 13 - May 4/5

Team Practice: Saturday afternoons 2:15 - 3:45pm (Momentum) and 2:15 - 3:15pm (Hot Shots) plus your weekly tumbling class. Every team practice (Saturday) is mandatory. Attendance on Saturday is super important for the development of the routine. When one team member is missing, it throws the whole routine off. Consistency is huge for these little athletes. So we do ask that you make the Saturday practices a priority for this short cheer season so we can put our best (cheer) foot forward! No practice on Saturday March 30th for spring break. After the last competition, we may have the teams get together the following Saturday (May 11) for a little end-of-season party. We also have an all team banquet on Sunday May 19th so save the date!

DuPage Cheer & Power Tumbling | 1863 N. Neltnor Blvd, West Chicago IL | 630-588-9000 | dcateams@dupagetumbling.com

Novice Teams 2024

Competitions	DATES	LOCATION	TEAMS
DCA In-House Showcase	April 27	DCA	Hot Shots & Momentum
LOCAL COMPETITION	May 4-5	Chicagoland area	Hot Shots & Momentum

<u>UNIFORMS</u>

Novice teams will have a black tank and shorts uniform with yes, BLING and of course, a cheer bow! We are using the same uniforms as last year so if you are joining us for another season and your uniform still fits, you will be credited \$55 for uniform fee.

PROGRAM PRICES

To make it easier for everyone we are dividing the total fee for the 4-month program into 4 payments. These fees include: tuition for January - early May (1 tumbling class + Saturday practices/week), uniform, bows, music & choreography, admin fee. Tumbling in May will continue at the monthly rate, unless you email a drop request by April 15th.

January 10th - Hot Shots: \$260 Momentum: \$285 February 10th - Hot Shots: \$260 Momentum: \$285 March 10th - Hot Shots: \$260 Momentum: \$285 April 10th - Hot Shots: \$260 Momentum: \$285

HOW TO REGISTER

There are NO TRYOUTS for our Tiny & Mini Novice teams. Register online through the parent portal, <u>https://app.iclasspro.com/portal/dupagetumbling.com</u>, which you can access from our website under "classes" at <u>dupagetumbling.com</u>. Look for "Cheer information & try out - DCA Winter Tiny/ Mini Cheer team" and add to your cart. You will not be charged upon registration instead once you register we will send you a confirmation email with details on payments. If you are enrolled in classes for January, your first team payment will be adjusted to account for the tumbling tuition you paid for the month.

Questions? Please call DCA at 630-588-9000 or email Cheer Director Ailish at <u>dcateams@dupagetumbling.com</u>